**Dear Colleagues,**

Mark Friday January 13th your calendar and plan to join us online for St. Michael's Hospital 14th Annual Women’s Health Symposium.

We have invited some of our most informed and engaging clinicians to present concise and engaging lectures on important issues related to women’s health.

This year, we are thrilled to have Dr. Jillian Horton as our special guest faculty for the Mary Cassaday Keynote Lecture. Dr. Horton, an internal medicine specialist from Winnipeg, Manitoba has recently published a national best-selling book entitled *We Are All Perfectly Fine: A Memoir of Love, Medicine & Healing* in which she explores the emotions, unanswered questions and complexities of the human side of medicine. Dr. Horton will talk about rarely acknowledged stresses health care professionals encounter and the crucial role of compassion not only in treating others, but in taking care of ourselves.

This program will be recorded so that you can review all talks and information presented (available for one month post conference). We also plan to answer as many questions as possible either live or through the Q & A box.

So grab a coffee and your laptop and plan to be with us for an enjoyable morning of learning on January 13th!

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**Program - Webcast**

8:55  Welcome & Introduction  
Dr. Sari Kives, WHS 2023 Course Director

9:00  Planning to Have a Family Over the Age of 35 – Am I Crazy?  
Dan Nayot, Medical Director, The Fertility Partners

9:30  Tips & Tricks for Surviving Menopause  
Marie Christakis, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto, Unity Health – St. Michael’s Hospital

10:00 15 minute stretch

10:15  Diagnosis & Treatment of PCOS: What Can Be Done from a Primary Care Perspective  
Maria Wolfs, Assistant Professor, Endocrinology University of Toronto, Unity Health – St. Michael’s Hospital

10:45  The Mary Cassaday Keynote Lecture  
*What Does It Take to Build a Culture of Wellness and Efficacy in our Medical Practice*  
Jillian Horton  
Internal Medicine Specialist, Winnipeg Manitoba  
Author of *We Are All Perfectly Fine: A Memoir of Love, Medicine & Healing*

11:45 15 minute stretch

12:00  IUD and Endometrial Biopsy: A Virtual Hands on Approach  
Eliane Shore, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto, Unity Health – St. Michael’s Hospital

12:30  Pelvic Physiotherapy: The New “Go To” Treatment for all Kinds of Gynaecologic Woes  
Lauren Campbell & Jessica Nargi, Physiotherapists, Advanced Pelvic Physiotherapy Centre

1:00  Closing Remarks and Evaluation  
Sari Kives

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**Note:** every lecture will be following by 10 minutes of Q & A
Registration (SMH – WHS Live Webcast)

Please note there is no on-line registration for this program. Registration is only available by credit card or cheque.

First Name: ______________________________________________

Last Name: ______________________________________________

Email: ___________________________________________________

Workplace Facility: _______________________________________

Cell Phone# ______________________________________________

Address: _________________________________________________

City: _____________________________________________________

Province: ________________________________________________

Postal Code: ______________________________________________

**Registration confirmation will be sent by email

Profession
[ ] Family Physician  [ ] ObGyn  [ ] NP
[ ] Nurse  [ ] Physiotherapist  [ ] Fellow  [ ] Resident
[ ] Other ________________________________

Registration Fees (CDN $)

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<tr>
<th></th>
<th>Early Bird Fee</th>
<th>Registration Fee</th>
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<tr>
<td></td>
<td>(before December 13)</td>
<td>(after December 13)</td>
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<tr>
<td>Physicians</td>
<td>$100 + HST = $113.00</td>
<td>$125 + HST = $141.25</td>
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<td>Nurses and NPs &amp; Fellows</td>
<td>$75 + HST = $84.75</td>
<td>$100 + HST = $113.00</td>
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<td>Residents</td>
<td>$35 + HST = $39.55</td>
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Registration fee includes webcast participation, CME credits, and a recording of the lectures.

Cancellation Policy: There are no cancellations for webcasted programs.

If paying by cheque, please complete this form and make your cheque payable to OBS/GYN Associates (SMH) and mail to:

CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 8th Floor, 8-934
Toronto, Ontario M5G 1Z5

If paying by credit card, please complete credit card information below and scan and mail to elizabeth.gan@sinaihealth.ca or fax to FAX # (416) 586-5958

[ ] Visa  [ ] Mastercard

Card #: __________ __________ __________ __________

Expiry Date: ______________________

Name on Card: ______________________

Signature: ______________________

Accreditation

This program has been submitted with appropriate accreditation bodies and accreditation points will be announced closer to the date of the program. (3.5 teaching hours)