

Program - Webcast

Dear Colleagues,

Mark **Friday January 13th** your calendar and plan to join us online for St. Michael's Hospital 14th Annual **Women's Health Symposium**.

We have invited some of our most informed and engaging clinicians to present concise and engaging lectures on important issues related to women's health.

This year, we are thrilled to have **Dr. Jillian Horton** as our special guest faculty for the Mary Cassaday Keynote Lecture. Dr. Horton, an internal medicine specialist from Winnipeg, Manitoba has recently published a national best-selling book entitled **We Are All Perfectly Fine: A Memoir of Love, Medicine & Healing** in which she explores the emotions, unanswered questions and complexities of the human side of medicine. Dr. Horton will talk about rarely acknowledged stresses health care professionals encounter and the crucial role of compassion not only in treating others, but in taking care of ourselves.

This program will be recorded so that you can review all talks and information presented (available for one month post conference). We also plan to answer as many questions as possible either live or through the Q & A box.

So grab a coffee and your laptop and plan to be with us for an enjoyable morning of learning on January 13th!

Sari Kives

Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto
Obstetrics, Gynecology & Minimally-Invasive Gynecologic Surgery,
Chief of Gynaecology and Chair of Women's Health, St. Michael's Hospital



8:55	Welcome & Introduction Dr. Sari Kives, WHS 2023 Course Director	
9:00	Planning to Have a Family Over the Age of 35 – Am I Crazy? Dan Nayot, Medical Director, The Fertility Partners	12:00 IUD and Endometrial Biopsy: A Virtual Hands on Approach Eliane Shore, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto, Unity Health – St. Michael's Hospital
9:30	Tips & Tricks for Surviving Menopause Marie Christakis, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto, Unity Health – St. Michael's Hospital	12:30 Pelvic Physiotherapy: The New “Go To” Treatment for all Kinds of Gynaecologic Woes Lauren Campbell & Jessica Nargi, Physiotherapists, Advanced Pelvic Physiotherapy Centre
10:00	15 minute stretch	
10:15	Diagnosis & Treatment of PCOS: What Can Be Done from a Primary Care Perspective Maria Wolfs, Assistant Professor, Endocrinology University of Toronto, Unity Health – St. Michael's Hospital	
10:45	The Mary Cassaday Keynote Lecture What Does It Take to Build a Culture of Wellness and Efficacy in our Medical Practice Jillian Horton Internal Medicine Specialist, Winnipeg Manitoba Author of <i>We Are All Perfectly Fine: A Memoir of Love, Medicine & Healing</i>	1:00 Closing Remarks and Evaluation Sari Kives
11:45	15 minute stretch	



Note: every lecture will be following by 10 minutes of Q & A

Registration (SMH – WHS Live Webcast)

Please note there is no on-line registration for this program.
Registration is only available by credit card or cheque

First Name: _____

Last Name: _____

Email: _____

Workplace Facility: _____

Cell Phone# _____

Address: _____

City: _____

Province: _____

Postal Code: _____

***Registration confirmation will be sent by email*

Profession

Family Physician ObGyn NP

Nurse Physiotherapist Fellow Resident

Other _____

Registration Fees (CDN \$)

	Early Bird Fee (before December 13)	Registration Fee (after December 13)
Physicians	\$100 + HST = \$113.00	\$125 + HST = \$141.25
Nurses and NPs &	\$75+ HST = \$84.75	\$100 + HST = \$113.00
Fellows Residents	\$35 + HST = \$39.55	\$50 + HST = \$56.50

Registration fee includes webcast participation, CME credits, and a recording of the lectures.

Cancellation Policy: There are no cancellations for webcasted programs.

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates (SMH)** and mail to:

*CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 8th Floor, 8-934
Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card information below and scan and mail to elizabeth.gan@sinaihealth.ca or fax to **FAX # (416) 586-5958**

Visa Mastercard

Card # : _____

Expiry Date: _____

Name on Card: _____

Signature: _____

Accreditation

This program has been submitted with appropriate accreditation bodies and accreditation points will be announced closer to the date of the program. (3.5 teaching hours)



14th Annual
St. Michael's Hospital
Dept. of Obstetrics & Gynaecology
Women's Health Symposium

Friday January 13, 2023

Course Director: Dr. Sari Kives