



Obstetrics and Gynaecology Residency Program EPA Resident Tip Sheet

Preparation Checklist

- ✓ The goal is frequent low stakes assessment!
- ✓ Both residents and assessors need to take the lead in initiating the assessments
- ✓ Bookmark Elentra on your phone!
 - ✓ When asking assessors to complete an assessment, pre-populate the demographic section beforehand
- ✓ Familiarize yourself with the milestones of each EPA and discuss these with your assessor. That way, they know what to look for when assessing you.
- ✓ Schedule time with your assessor to pre-determine which EPAs could be addressed
 - ✓ Discuss your CBD progress at the start of your shift and let them know you would like to complete an EPA
 - ✓ Give your assessor 3-4 EPAs to choose from
 - ✓ Between OR cases is a great time to complete an assessment. Remind your assessor before the case begins, review the relevant EPA and have them fill out the form immediately afterwards.
- ✓ The feedback you garner from each EPA attempt will make you a better physician. Receiving an "Autonomous" rating should be a progressive goal.
- ✓ Chief residents, senior residents and fellows can complete assessments. There just needs to be a two-year difference between your post-graduate levels.
- ✓ If you are having trouble finding appropriate encounters for a specific EPA, discuss with your chief resident or site director. They may be able to find you the required learning opportunities or facilitate a case-based discussion for that EPA.

Entrustment Tips

- ✓ Remind assessors that they can indicate "No Rating" if a specific EPA milestone is not observed during your encounter.
- ✓ The Competence Committee will be looking for multiple completed EPA assessments, as well as whether you have achieved entrustment.
- ✓ EPA entrustment is level specific and based on your stage of training (i.e. would they feel comfortable leaving the room if they had to while you were completing the task)
- ✓ Talking points on entrustment with an assessor:
 - ✓ Entrustment ratings involve judging a resident's safe and independent practice ability on the basis of what was observed today. These ratings are NOT about predicting future performance.
 - ✓ Rating residents as independent does not mean that they are now allowed to always independently perform that task. It means that they were independent on this occasion.

Additional Tips

- ✓ This will be a learning curve for all involved - ask your assessors/colleagues/CBD committee for input and help along the way
- ✓ Take charge of your assessment portfolios!
- ✓ Remind assessors that narrative feedback is important
- ✓ Although this is a change, CBD is not that much different from what the program has already been doing. CBD is meant to address gaps in the current system such as the “failure to fail” culture of medical education.
- ✓ Realize that EPAs reflect the authentic work of physicians in your discipline
- ✓ Please contact us for help, questions and concerns at pg.obgyn@utoronto.ca. The sooner we know about a problem the faster we can fix it!

Created with the assistance of Anand Lakhani & Alisha Olsthoorn, CBD Resident Representatives.