

Dear Colleagues,

We are pleased to announce our first virtual **Family Planning Update**. For many years the University of Toronto Dept. of Obstetrics & Gynaecology, in partnership with university affiliated hospitals has developed a robust postgraduate education program with the goal of equipping health care professionals in the clinical management of their gynaecologic & obstetrical patients.

In these exceptional times, our faculty are determined to continue be a source of educational support for you and we would like to you to join us as we move to a virtual platform for the next several months.

We have enlisted some of our most informed and engaging clinicians/teachers to present on many important topics in women's health.

- Most of our programming will move to a half day format
- More concise lectures with a Q & A box to ask all your questions
- Interactive polling, pre and post tests and online evaluations will give instant feedback
- All sessions will be recorded so that you will be able to review any lectures post conference
- Certificates of attendance and receipts will be emailed to all participants post conference
- Registration fees have been reduced significantly

Please plan to join us! We look forward to seeing you online and being with us for what we plan to be an enjoyable learning experience!

Program - Webcast

9:25 Welcome & Introduction & Pre-test

Reproductive Health Care During a Pandemic

9:30 **Virtual Contraception Care**
Dustin Costescu, Assistant Professor, Dept. of Obstetrics & Gynaecology, McMaster University

9:50 **Post-Placental IUDs**
Julie Thorne, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

10:10 **No Touch Abortion**
Sarah Warden, Family Physician, Women's College Hospital

10:30 Panel Discussion and Q & A

10:50 AM Break

Second Trimester Abortion Care

11:00 **For Referring Physicians: When to Refer & Where You (and your patients) Can Go**
Jill Doctoroff, Canadian Director of the National Abortion Federation

11:15 **For Providers: Mifepristone Use for Cervical Ripening Before D & E**
Lacey Harding, Lecturer, Dept. of Obstetrics & Gynaecology, University of Toronto

11:30 Panel Discussion and Q & A

11:40 **HOT TOPICS**

Hot Topic #1 **Emergency Contraception**

Hot Topic #2 **Let's POP a Few Questions: A Review of Progesterone-Only Contraceptives**
Melinda Rodowa, Contraceptive Advice, Research & Education Fellow (CARE), Dept. of Obstetrics & Gynaecology, Queen's University

12:10 **A New Choice for Canadian Women: The Contraceptive Implant**
Michele Farrugia, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto and
Hannah Niebulski
Global Women's Health and Equity Fellow 2020-2022, Dept. of Obstetrics and Gynecology
University of Toronto

12:40 Closing Remarks, Post Test and Evaluation



Implant Placement & Removal Workshop
Afternoon Workshop (non-accredited program)
1:00 – 3:30 p.m.

*Course participants will be given the opportunity to register for this hands-on virtual workshop that will train the participants in the placement and removal of this new contraceptive implant introduced in the 12:10 morning session by Dr. Farrugia. There is a limited number of spots available for this workshop (The ratio of participants per trainers will be 6:1. There is no cost for this workshop but only those registered for the morning session are eligible to participate in the afternoon workshop.
Note: this workshop will not be accredited*

Registration (Family Planning Update)

First Name: _____

Last Name: _____

Workplace Facility: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone: _____

Email: _____

***Confirmation of registration will be sent by email*

Profession

☐ Obstetrician/Gynaecologist ☐ Family Physician

☐ NP ☐ Nurse ☐ Fellows ☐ Resident

☐ Phys. Assistant

☐ Other _____

Please check which program you would like to register for:

☐ Family Planning Update (9:25 a.m. – 12:40 p.m.)

☐ Implant Placement/Removal Workshop (1:00 – 3:30 p.m.)

Note: there is no fee for the afternoon workshop but only those registered for the morning session are eligible to participate in the afternoon workshop

If you wish to register on-line, please go to:

www.mountsinai.on.ca/cme/

Registration Fees (CDN \$)

	Early Bird Fee (before Sept 16)	Registration Fee (after Sept 16)
Physicians	\$75 + HST = \$84.75	\$100 + HST = \$113.00
Nurses and NPs &	\$50 + HST = \$56.50	\$75 + HST = \$84.75
Fellows Residents	\$35 + HST = \$39.55	\$50 + HST = \$56.50

Registration fee includes webcast participation, syllabus material, CME credits, and a recording of the days lectures. Refunds will not be issued for cancellations received after October 14, 2020. A processing fee of \$20.00 will be retained on all cancellations.

Cancellation Policy: A processing fee of \$20.00 will be deducted on all cancellations.

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:

*CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 8th Floor, 8-934
Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card information and mail to the above listed address or fax to

FAX # (416) 586-5958

☐ Visa ☐ Mastercard

Card # : _____

Expiry Date: _____

Name on Card: _____

Signature: _____

Accreditation

This program has been submitted with appropriate accreditation bodies and accreditation points will be announced closer to the date of the program. (3.0 teaching hours)



University of Toronto
Department of Obstetrics &
Gynaecology



**Sinai
Health**

Mount Sinai Hospital
Joseph & Wolf Lebovic Health Complex

Family Planning Update

**Contraception & Abortion Care During a Pandemic
What We Know...What We've Learned and
What It Can Mean for the Future**

Friday October 16, 2020

**Course Directors: Dr. Michele Farrugia
Dr. Julie Thorne**