

Mount Sinai Hospital's  
**Mature Women's Health Care**  
Friday September 25, 2020

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Course Directors: Wendy Wolfman, Harold Drutz

8:55     Welcome and Opening Remarks  
Wendy Wolfman

9:00     **Bone Health: Who and When to Screen in the Primary Care Office**  
Iliana Lega, Assistant Professor, Dept. of Medicine, University of Toronto

9:30     **Pelvic Organ Prolapse: The Epidemic that all Primary Care Physicians Must be Able to Treat**  
Colleen McDermott, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

10:00     **Keynote Lecture**  
**Innovative New Treatments for Menopausal Symptoms**  
with guest faculty Dr. Stephanie Faubion  
Professor of Medicine, Division of General Internal Medicine  
Jacksonville, Florida  
and Medical Director,  
The North American Menopause Society

10:45     AM Break

11:00     **Decreased Sexual Desire and Therapies Including Testosterone**  
Wendy Wolfman, Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

11:30     **Weight Management in Peri Menopause**  
Satya Dash, Assistant Professor, Department of Medicine, University of Toronto

12:00     **Menopause & Breast Cancer Survivorship**  
Michelle Jacobson, Dept. of Obstetrics & Gynaecology, University of Toronto

12:30     Closing Remarks and Evaluation  
Wendy Wolfman

We are pleased to announce our first virtual Women's Health Series. For many years the University of Toronto Dept. of Obstetrics & Gynaecology, in partnership with university affiliated hospitals has developed a robust postgraduate education program with the goal of equipping health care professionals in the clinical management of their gynaecologic & obstetrical patients.

In these exceptional times, our faculty are determined to continue be a source of educational support for you and we would like to you to join us as we move to a virtual platform for the next several months.

We have enlisted some of our most informed and engaging clinicians/teachers to present on many important topics in women's health.

- Most programs will move to a half day format
- More concise lectures with a Q & A box to ask all your questions
- Interactive polling, pre and post tests and online evaluations will give instant feedback
- All sessions will be recorded so that you will be able to review any lectures post conference
- Certificates of attendance and receipts will be emailed to all participants post conference
- Registration fees have been reduced significantly

Please plan to join us! We look forward to seeing you online and being with us for what we plan to be an enjoyable learning experience!

Mount Sinai Hospital's  
**Everyday Gynaecology**  
Friday November 13, 2020

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Course Director: Jackie Thomas and Evan Tannenbaum

8:55     Welcome and Opening Remarks  
Jackie Thomas

9:00     **Fertility Management – Separating the Myths from the Evidence**  
Crystal Chan, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

9:30     **Contraception Across the Ages**  
Dustin Costescu, Assistant Professor, Dept. of Obstetrics & Gynaecology, McMaster University

10:00     **Keynote Lecture**  
**The Itchy Vulva and other Gynaecology Words of Wisdom**  
with guest faculty Dr. Jennifer Gunter  
Obstetrician / Gynaecologist  
Author, The Vagina Bible

11:00     AM Break

11:15     **Practical Pap Pearls**  
Jodi Shapiro, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

11:45     **Abnormal Uterine Bleeding: Diagnosis & Management**  
Ally Murji, Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

12:00     **How to Deal with Early Pregnancy Complications – Miscarriage, Ectopic Pregnancy & Pregnancy of Unknown Location**  
Jackie Thomas, Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

12:30     Closing Remarks and Evaluation  
Jackie Thomas

St. Michael's Hospital's  
**Women's Health Symposium**  
Friday January 15, 2021

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Course Director: Sari Kives

8:55     Welcome and Opening Remarks  
Filomena Meffe

Moderator: Sari Kives

9:00     **Vulvar Derm: Picture Perfect!**  
Eliane Shore, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

9:30     **Contraception: Making the Right Choice**  
Alysha Nensi, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

10:00     **Pessaries: Who, When and How?**  
Dana Soroka, Associate Professor, Dept. of Obstetrics & Gynaecology, University of Toronto  
Dolores White, Nurse, St. Michael's Hospital

10:30     AM Break

10:45     **Cancer Screening Resources: Are You Really at Risk?**  
Raymond Kim, Assistant Professor, Department of Medicine, University of Toronto

11:15     **STI: Teaching & On-Line Resources**  
Hannah Feiner, Lecturer, Dept. of Family & Community Medicine, University of Toronto

11:45     **Menopause Hormone Therapy: An Update**  
Marie Christakis, Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto

12:30     Closing Remarks and Evaluation  
Sari Kives

Registration (WHVS 2020 – 2021)

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Workplace Facility: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone \_\_\_\_\_

Email: \_\_\_\_\_

*\*\*Confirmation of registration will be sent by email*

Profession

☐ Family Physician    ☐ Obstetrician/Gynaecologist

☐ NP    ☐ Nurse    ☐ Fellows    ☐ Resident

☐ Physiotherapist    ☐ Phys. Assistant

☐ Other \_\_\_\_\_

Please check which program you would like to register for:

☐ Mature Women’s Health Care (Sept 25 2020)

☐ Everyday Gynaecology (Nov 13 2020)

☐ \*\* Women’s Health Symposium (Jan 15 2021)

If you wish to register on-line, please go to:

[www.mountsinai.on.ca/cme/](http://www.mountsinai.on.ca/cme/)

**\*\* Important Note:** Payment for the **Women’s Health Symposium** is by **credit card only** and will be processed through St. Michael’s Hospital (no online payment is available).

Registration Fee Per Course(CDN \$)

**Note: Early Bird Fee is will be applied if you register more than ONE month before the start date of a program**

	Early Bird Fee (per course)	Registration Fee (per course)
Physicians	\$75 + HST = <b>\$84.75</b>	\$100 + HST = <b>\$113.00</b>
Nurses and NPs & Physios	\$50 + HST = <b>\$56.50</b>	\$75+ HST = <b>\$84.75</b>
Fellows Residents	\$35 + HST = <b>\$39.55</b>	\$50 + HST = <b>\$56.50</b>

**Cancellation Policy:** A processing fee of \$20.00 will be deducted on all cancellations (per program).

**If paying by cheque**, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:

*CME – Dept. of Ob/Gyn  
Mount Sinai Hospital  
700 University Ave. 8<sup>th</sup> Floor, 8-934  
Toronto, Ontario M5G 1Z5*

**If paying by credit card**, please complete credit card information and mail to the above listed address or fax to **FAX # (416) 586-5958**

☐ Visa    ☐ Mastercard

Card # : \_\_\_\_\_

Expiry Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

Accreditation

These programs have been submitted with appropriate accreditation bodies and accreditation points will be announced closer to the date of the program.



To view this program and other CME programs, please go to our website:

Dept. of Obstetrics & Gynaecology – CME

[www.mountsinai.on.ca/cme/](http://www.mountsinai.on.ca/cme/)

(416) 586 4800 ext. 2489

FAX: (416 ) 586-5958

Questions?

Email: [cmeobgyn@sinaihealthsystem.ca](mailto:cmeobgyn@sinaihealthsystem.ca)

**2020 - 2021  
Women’s Health Virtual Series**

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Friday September 25, 2020

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