

Obstetrics & Gynecology: Foundations EPA #8

Counselling and management for patients requiring family planning

Key Features:

- This EPA includes assessment and comprehensive management, including counselling, for patients regarding contraceptive options and/or medical and surgical termination of pregnancy.
- This includes being aware of professional obligations to patient care, and advocating on behalf of patients to remove barriers to contraception.
- This EPA includes obtaining informed consent for placement of intrauterine contraceptives, tubal ligation/salpingectomy, and pregnancy termination.
- This EPA does not include contraceptive management of patients with significant co-morbidities.
- The technical skills in this EPA include insertion and removal of long acting reversible contraception (LARC).
- This EPA may be observed in the inpatient, outpatient, and emergency room settings.
- The observation of this EPA is divided into two parts: assessment and management; and IUD insertion.

Assessment Plan:

Part A: Assessment and management

Direct observation by OBGYN faculty, other specialized health professional, or Core or TTP trainee

Use Form 1. Form collects information on:

- Patient issue (select all that apply): reversible contraception; permanent contraception; emergency contraception; medical pregnancy termination; surgical pregnancy termination
- Co-morbidity: yes; no

Collect 3 observations of achievement

- At least 2 observers must be OBGYN faculty
- At least 2 different observers

Part B: LARC insertion/removal

Direct observation by OBGYN faculty, other specialized health professional, Core or TTP trainee

Use Form 1. Form collects information on

- Procedure performed (select all that apply): LARC insertion; LARC removal

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2021 version 1.2)*

Collect at least 2 observations of achievement

- At least 2 LARC insertions
- At least 1 LARC removal

CanMEDS milestones:

Part A: Assessment and management

- 1 ME 1.4** Apply clinical and biomedical sciences to manage presentations in gynecologic care
- 2 ME 2.2** Perform a patient assessment including history and physical exam
- 3 ME 2.2** Synthesize clinical information for the purpose of counselling about contraceptive options and pregnancy termination
- 4 COM 4.1** Explore the perspectives of the patient and others when developing care plans
- 5 ME 2.3** Work with the patient to understand relevant options for care
- 6 ME 3.1** Describe the indications, contraindications, risks, and alternatives for a given procedure or therapy
- 7 ME 3.1** Determine the most appropriate procedures or therapies for the purpose of assessment and/or management
- 8 ME 3.2** Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options
- 9 COM 1.3** Recognize when the values, biases, or perspectives of patients, physicians, or other health care professionals may have an impact on the quality of care, and modify the approach to the patient accordingly
- 10 COM 4.1** Communicate with cultural awareness and sensitivity
- 11 COM 5.1** Document the clinical encounter to adequately convey findings, clinical reasoning and the rationale for decisions
- 12 L 2.1** Consider costs when choosing care options
- 13 HA 1.2** Work with the patient to increase opportunities to adopt healthy behaviours
- 14 P 1.3** Manage ethical issues encountered in the clinical and academic setting

Part B: LARC insertion/removal

- 1 ME 3.4** Perform LARC insertion/removal in a skilful, fluid, and safe manner