Performing uncomplicated cesarean sections with a skilled assistant

Key Features:
- To achieve this EPA, the trainee will perform an uncomplicated cesarean under the direct guidance and assistance of a skilled assistant, while requiring minimal redirection or assistance with the procedure.
- This EPA includes obtaining informed consent and documenting the operative report, as well as planning post-operative care, including identifying the need for prophylaxis (anti-microbial or VTE).
- The observation of this EPA is divided into two parts: direct observation of surgical skills; and a log of procedures to demonstrate the breadth of experience.

Assessment Plan:

Part A: Procedural skills
Direct observation by OBGYN faculty, subspecialty or TTP trainee

Use Form 2
Collect 5 observations of achievement
- At least 3 different OBGYN faculty

Part B: Logbook
Submit logbook of procedures to Competence Committee

Logbook tracks
- Procedure (write in):
- Role in procedure (write in):

CanMEDS milestones:

Part A: Procedural skills
1 ME 1.4 Apply knowledge of surgical anatomy, steps of the procedure, potential intraoperative risks, and means to avoid/overcome them
2 ME 3.1 Describe the indications and complications of cesarean section
3 ME 3.2 Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options
4 ME 3.4 Demonstrate effective procedure preparation, including the use of a pre-procedure time-out or safe surgical checklist as appropriate
5 ME 3.4 Position and prep patient correctly
6 ME 3.4 Open the incision using sharp and/or energy-based instruments
7 ME 3.4 Perform safe dissection of relevant structures and tissue layers with gentle tissue handling
8 ME 3.4 Deliver the infant using appropriate technique
9 ME 3.4 Maintain hemostasis and control bleeding using appropriate technique with attention to adjacent structures
10 ME 3.4 Demonstrate intraoperative judgment, fluidity of movement, and forward
progression

11  COL 1.2 Communicate effectively and professionally with the OR team

12  ME 3.4 Establish and implement a plan for post-procedure care, including post-operative orders

13  COM 3.1 Convey information related to the patient’s health status, care, and needs in a timely, honest, and transparent manner

14  COM 5.1 Document the surgical encounter to adequately convey the procedure and outcome

15  P 4.1 Demonstrate an ability to regulate attention, emotions, thoughts, and behaviours while maintaining capacity to perform professional tasks