

Obstetrics & Gynecology: Foundations EPA #5

Performing uncomplicated cesarean sections with a skilled assistant

Key Features:

- To achieve this EPA, the trainee will perform an uncomplicated cesarean under the direct guidance and assistance of a skilled assistant, while requiring minimal redirection or assistance with the procedure.
- This EPA includes obtaining informed consent and documenting the operative report, as well as planning post-operative care, including identifying the need for prophylaxis (anti-microbial or VTE).
- The observation of this EPA is divided into two parts: direct observation of surgical skills; and a log of procedures to demonstrate the breadth of experience.

Assessment Plan:

Part A: Procedural skills

Direct observation by OBGYN faculty, subspecialty or TTP trainee

Use Form 2

Collect 5 observations of achievement

- At least 3 different OBGYN faculty

Part B: Logbook

Submit logbook of procedures to Competence Committee

Logbook tracks

- Procedure (write in):
- Role in procedure (write in):

CanMEDS milestones:

Part A: Procedural skills

- 1 ME 1.4 Apply knowledge of surgical anatomy, steps of the procedure, potential intraoperative risks, and means to avoid/overcome them**
- 2 ME 3.1** Describe the indications and complications of cesarean section
- 3 ME 3.2** Obtain and document informed consent, explaining the risks, benefits, alternatives and the rationale for the proposed treatment options
- 4 ME 3.4 Demonstrate effective procedure preparation, including the use of a pre-procedure time-out or safe surgical checklist as appropriate**
- 5 ME 3.4 Position and prep patient correctly**
- 6 ME 3.4 Open the incision using sharp and/or energy-based instruments**
- 7 ME 3.4 Perform safe dissection of relevant structures and tissue layers with gentle tissue handling**
- 8 ME 3.4 Deliver the infant using appropriate technique**
- 9 ME 3.4 Maintain hemostasis and control bleeding using appropriate technique with attention to adjacent structures**
- 10 ME 3.4 Demonstrate intraoperative judgment, fluidity of movement, and forward**

*ENTRUSTABLE PROFESSIONAL ACTIVITIES
FOR OBSTETRICS AND GYNECOLOGY (2021 version 1.2)*

progression

- 11 COL 1.2 Communicate effectively and professionally with the OR team**
- 12 ME 3.4 Establish and implement a plan for post-procedure care, including post-operative orders**
- 13 COM 3.1** Convey information related to the patient's health status, care, and needs in a timely, honest, and transparent manner
- 14 COM 5.1 Document the surgical encounter to adequately convey the procedure and outcome**
- 15 P 4.1** Demonstrate an ability to regulate attention, emotions, thoughts, and behaviours while maintaining capacity to perform professional tasks