Obstetrics & Gynecology: Foundations EPA #4

Managing labour and childbirth

Key Features:
- This EPA includes the assessment and management of maternal and fetal well-being in a singleton cephalic term pregnancy.
- This EPA includes assessing progress in labour and augmentation as required, managing spontaneous vaginal birth of a singleton gestation (including episiotomy, delivery of infant, management of perineum, management of 3rd stage), and recognizing intrapartum and immediate postpartum complications.
- This EPA includes induction of labour, including cervical ripening.

Assessment Plan:

Direct observation by OBGYN faculty, family physician, subspecialty trainee, or Core or TTP trainee

Use Form 1. Form collects information on:
- Patient: multiparous; nulliparous
- Regional anesthesia: yes; no
- Augmented: yes; no
- Perineal trauma repairs: 1st degree; 2nd degree; not applicable
- Induction of labour including cervical ripening: yes; no

Collect 5 observations of achievement
- Must include a variety of patient factors including parity, regional anesthesia, augmentation, and 2nd degree perineal tears

CanMEDS milestones:

1. ME 1.4 Apply clinical and biomedical sciences to manage presentations in obstetric care
2. ME 3.4 Manage the first stage of normal childbirth in a timely, skillful, and safe manner, including fetal and maternal well-being, determination of progress of labour, fetal position, dilatation and station
3. ME 3.4 Manage the second stage of normal childbirth in a timely, skillful, and safe manner
4. ME 3.4 Manage the delivery of an infant
5. ME 3.4 Assess and manage perineal trauma
6. ME 3.4 Manage the delivery of the placenta
7. ME 3.4 Perform cervical ripening and augmentation of labour, as required
8. ME 5.2 Apply the principles of situational awareness to clinical practice
9. ME 1.5 Recognize an urgent or difficult problem that may need the involvement of more experienced colleagues and seek their assistance
10. COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
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<td>11</td>
<td><strong>COM 3.1</strong> Share information and explanations that are clear, accurate, timely, and adapted to the patient’s and her family’s level of understanding and need</td>
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<td><strong>COM 5.1</strong> Document the clinical encounter to adequately convey findings, clinical reasoning and the rationale for decisions</td>
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<td><strong>COL 1.1</strong> Receive and appropriately respond to input from other health care professionals</td>
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<td>14</td>
<td><strong>COL 3.1</strong> Identify patients requiring handover to other physicians or health care professionals</td>
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<td><strong>P 4.1</strong> Demonstrate an ability to regulate attention, emotions, thoughts, and behaviours while maintaining capacity to perform professional tasks</td>
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