

Obstetrics & Gynecology: Core EPA #12

**Assessing, diagnosing and managing patients with chronic pelvic pain
and sexual health concerns**

Key Features:

- This EPA includes counselling and consideration of multi-disciplinary options of management (physiotherapy, etc.) as well as medical and surgical options.

Assessment Plan:

Observation by OBGYN faculty, subspecialty trainee, chronic pain specialist, or other health professional

Use Form 1. Form collects information on:

- Patient presentation: chronic pelvic pain; sexual health concern
- Diagnosis: vulvodynia; levator hypertonicity; myofascial pain; female sexual dysfunction; other
- If 'other' please indicate diagnosis: [free text]

Collect 2 observations of achievement

- At least 1 chronic pelvic pain
- At least 1 case of sexual dysfunction

CanMEDS Milestones:

- 1 ME 1.4** Apply a broad base and depth of knowledge in clinical and biomedical sciences to manage the breadth of patients presenting with chronic pain or sexual concerns
- 2 ME 1.5** Perform clinical assessments that address all relevant issues
- 3 ME 2.3** Address the impact of the medical condition on the patient's ability to pursue life goals and purposes
- 4 ME 2.4** Develop and implement patient-centred management plans that consider all of the patient's health problems and context
- 5 COM 1.5** Recognize when strong emotions (such as anger, fear, anxiety, or sadness) are impacting an interaction and respond appropriately
- 6 COM 2.1** Actively listen and respond to patient cues
- 7 COM 3.1** Convey information about diagnosis and prognosis clearly and compassionately
- 8 COL 1.2** Consult as needed with other health care professionals, including other physicians
- 9 HA 1.1** Facilitate timely patient access to services and resources