Obstetrics & Gynecology: Core EPA #11

Providing care for patients with pelvic floor dysfunction

Key Features:
- This EPA focuses on providing conservative medical care and surgical counselling to patients presenting with pelvic floor dysfunction from initial presentation through and including appropriate follow-up.
- At this stage, the trainee is entrusted with complex clinical presentations with uncertainty in diagnosis and/or management. The trainee is also entrusted to recognize when patients require subspecialty or multidisciplinary care.

Assessment Plan:

Direct observation by OBGYN faculty and uro-gynecology trainee

Use Form 1. Form collects information on:
- Setting: inpatient; outpatient; operating room
- Patient presentation: pelvic organ prolapse (POP); urinary incontinence (UI)- stress; urinary incontinence (UI)- urge; lower urinary tract symptoms (LUTS); anal incontinence and defecatory dysfunction; fistulas
- Management: pessary fitting; cystoscopy; urodynamic interpretation; primary surgical correction of stress incontinence; other
- If “other” indicate management: [free text]

Collect 5 observations of achievement
- A variety of at least 3 patient presentations
- At least 1 POP
- At least 1 urinary incontinence presentation with primary surgical correction of stress incontinence
- At least 1 cystoscopy
- At least 1 pessary fitting
- At least 1 urodynamic interpretation

CanMEDS Milestones:

1. ME 1.4 Apply a broad base and depth of knowledge in clinical and biomedical sciences to manage the breadth of patient presentations in urogynecology
2. ME 1.5 Perform clinical assessments that address all relevant issues
3. ME 2.3 Address the impact of the medical condition on the patient’s ability to pursue life goals and purposes
4. ME 2.4 Develop and implement patient-centred management plans that consider all of the patient’s health problems and context
5. ME 3.2 Ensure that patients are informed about the risks and benefits of each treatment option in the context of best evidence and guidelines
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<tr>
<th>No.</th>
<th>Activity</th>
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<tr>
<td>6</td>
<td>ME 3.4 Perform cystoscopy in a skilful, fluid, and safe manner with minimal assistance</td>
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<tr>
<td>7</td>
<td>ME 3.4 Perform pessary fitting in a skilful, fluid, and safe manner with minimal assistance</td>
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<td>8</td>
<td>COM 5.1 Document clinical encounters to adequately convey findings, clinical reasoning and the rationale for decisions</td>
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<td>9</td>
<td>HA 1.2 Select patient education resources related to Gynecology</td>
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<td>10</td>
<td>HA 1.2 Apply the principles of behaviour change during conversations with patients about adopting healthy behaviours</td>
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