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## Cuba-Canada Maternal-Child Health Symposium 2019

**“Promoting the health and wellbeing of women and children through collaboration”**

March 25-26, 2019

Dear Colleagues and Friends,

It is a great pleasure to announce and to invite you to attend the **1<sup>st</sup> Cuba-Canada Symposium on Maternal-Child Health**. The Symposium will take place on **March 25-26<sup>th</sup>, 2019** at the Convention Centre “Las Americas” in Varadero beach, Cuba.

This 1<sup>st</sup> Symposium will bring together researchers, clinicians, educators and students from Cuba, Canada and the Netherlands to discuss and learn about research innovations in women’s and children’s health.

We look forward to your contribution to the scientific program in Cuba!

With best wishes,

**Dr. Stephen Lye**, Canada  
**Dr. Ramon Fumero**, Cuba  
*Symposium Presidents*

**Dr. Stephen Matthews**, Canada  
**Dr. Andres Breto**, Cuba

**Dr. Cindy-Lee Dennis**, Canada  
**Dr. Berta Lidia Castro**, Cuba

### GENERAL INFORMATION:

**Venue:** Melia Varadero Hotel-International Convention Centre

**Dates:** March 25-26<sup>th</sup>, 2019

**Language:** English & Spanish (simultaneous translation)

**Accommodation:** Melia Varadero Hotel (Canadian Delegation)

## Scientific Program at glance

Monday, March 25, 2019	
9:00-9:15	<b>Welcome and Introduction of Participants</b> <b>Dr. Stephen Lye</b> - Alliance of the Human Development, Lunenfeld-Tanenbaum Research Institute, Sinai Health System and University of Toronto <b>Dr. Berta Lidia Castro</b> - President of the National Pediatric Society
9:15-10:45	<b>Panel discussion I: Care During Pregnancy</b>
	<b>Dr. Dan Farine</b> , Mount Sinai Hospital: <i>The Obese Patient</i> <b>Dr. Tessa Roseboom</b> , University of Amsterdam: <i>Hyperemesis Gravidarum: Impact on Mother and Fetus</i> <b>Dr. Wendy Whittle</b> , Mount Sinai Hospital: <i>Fetal Diagnosis and Therapy</i>
10:45-11:00	<b>Questions and Exchange</b>
11:00-11:15	<b>Break</b>
11:15-12:45	<b>Panel discussion II: Perinatal Care</b>
	<b>Dr. Dan Farine</b> , Mount Sinai Hospital: <i>Mismanaging Labour</i> <b>Dr. Wendy Whittle</b> , Mount Sinai Hospital: <i>Preterm Birth</i> <b>Dr. Shoo Lee</b> , Institute of Human Development, Child and Youth Health, Canadian Institutes of Health Research: <i>Quality Improvement in Neonatal Care</i>
12:45-13:00	<b>Questions and Exchange</b>
13:00-14:00	<b>Lunch</b>
14:00-15:00	<b>Panel discussion III: Maternal-Child Health in Cuba</b>
	<b>Dr. Andres Breto Garcia</b> , President, National Society of Obstetricians and Gynecologists of Cuba: <i>Mother-Infant Health Indicators in Cuba</i> <b>UNICEF</b> : <i>Fathers from the beginning</i>
15:00-15:30	<b>Questions and Exchange</b>
15:30-15:45	<b>Break</b>
15:45-16:45	<b>Panel discussion IV: Breastfeeding and Child Health</b>
	<b>Dr. Laurent Briollais</b> , Lunenfeld-Tanenbaum Research Institute, Sinai Health System: <i>Breast Feeding Modulates Early Growth Trajectories in Children</i> <b>Dr. Mercedes Esquivel Lauzurique</b> , National Group of Growth & Human Development: <i>Factors Influencing Breast Feeding Rates in Cuba</i> <b>Dr. Cindy-Lee Dennis</b> , University of Toronto: <i>Strategies to promote exclusive breastfeeding to 6 months</i>
16:45-17:00	<b>Questions and Exchange</b>
17:00-17:30	<b>Call for Collaborative Research Projects in Cuba</b>
	<b>Chairs: Dr. Yeneir Vera and Dr. Stephen Lye</b> Discussion with All Symposium Attendees

**Tuesday, March 26, 2019**

9:00-10:30	<b>Panel discussion V: The Importance of the 1<sup>st</sup> 1,000 Days</b>
	<p><b>Dr. Shoo Lee</b>, Institute of Human Development, Child and Youth Health, Canadian Institutes of Health Research: <i>Care by Family in the NICU</i></p> <p><b>Dr. Stephen Lye</b>, Alliance for Human Development, Lunenfeld-Tanenbaum Research Institute, Sinai Health System and University of Toronto: <i>Gene-Environment Interactions Impacting Early Child Health and Development</i></p> <p><b>Dr. Tessa Roseboom</b>, University of Amsterdam: <i>The Dutch Winter Hunger and Later-Life Health</i></p>
10:30-11:45	<b>Questions and Exchange</b>
11:45-12:45	<b>Panel discussion VI: Brain Health in Pregnancy and Postpartum</b>
	<p><b>Dr. Stephen Matthews</b>, Alliance for Human Development, Lunenfeld-Tanenbaum Research Institute, Sinai Health System and University of Toronto: <i>Stress, Glucocorticoids and Brain Development</i></p> <p><b>Dr. Cindy-Lee Dennis</b>, University of Toronto: <i>Mental Health in Pregnancy and Postpartum: Identification, Prevention and Treatment</i></p>
12:45-13:00	<b>Questions and Exchange</b>
13:00-14:00	<b>Lunch</b>
14:00-15:30	<b>Panel discussion VII: Care of the Infant and Child in Cuba</b>
	<p><b>Dr. Beatriz Mancheco</b>, Head of the Institute of Genetics, Cuba: <i>National Genetic Prevention Program in Cuba - Impact on the 1<sup>st</sup> 1,000 days</i></p> <p><b>Dr. Santa Jimenez Acosta</b>, National Nutrition Institute: <i>Nutrition on the 1<sup>st</sup> 1,000 days of life</i></p> <p><b>Dr. Gisela Alvarez Valdes</b>, National Wellbeing Child Group: <i>Good practices in early childhood care in the Primary Care System</i></p>
15:30-15:45	<b>Questions and Exchange</b>
15:45-16:15	<b>Dr. Oscar Canizares Luna</b> , University of Medical Sciences Villa Clara. <i>Modifications in the body composition of the pregnant woman and the relationship with the product. An interdisciplinary analysis from the primary health care.</i>
16:15-16:30	<b>Questions and Exchange</b>
16:30-17:00	<b>Lessons Learned from the Symposium</b>
	<b>Chair: Dr. Roberto Fumero Alvarez</b> , Head of the National Mother-Infant program Discussion with All Symposium Attendees