

Department of Obstetrics & Gynaecology, University of Toronto (Fax: 416-978-8350 | email: obgyn.educ@utoronto.ca)

Residency Rotation-Specific Objectives

Rotation: PGY1 Longitudinal Ambulatory Rotation (LAR)

Resident name:	Supervisor name:
Rotation dates:	Hospital:

IMPORTANT: Supervisor and resident must discuss these rotation-specific objectives during the rotation orientation, and sign below to confirm discussion has taken place.

Resident signature	Supervisor signature	Date

Background: PGY1s benefit from a wide experience in many specialties. However, this sometimes results in feeling detached from their core interest — obstetrics and gynaecology — and from their core colleagues. For this reason, the LAR was developed in the 2004-05 academic year.

THE LAR consists of the PGY1 resident working in an ambulatory clinic setting two mornings a month from September to June, directly with a faculty member who has agreed to the preceptor/mentor role. Evaluations are recorded in POWER.

CanMEDS Focus Roles: Health Advocate, Leader

1 MEDICAL EXPERT

1.1 Knowledge of Anatomy and Physiology Objectives:

- 1 Demonstrate understanding of women's health and pathophysiology of common obstetrical and/or gynaecologic problems.

1.2 Data Gathering Objectives:

- 1 Obtain a complete, systematic, and appropriate history from a patient.
- 2 Conduct the physical assessment: able to detect important signs and know the significance.

1.3 Clinical Reasoning, Management and Judgement/Diagnostic and Therapeutic Planning Objectives:

- 1 Demonstrate knowledge of the common obstetrical and/or gynaecologic conditions, to enable appropriate diagnosis and treatment plans.
- 2 Relate clinical findings to the clinical picture.
- 3 Determine appropriateness of common invasive investigations.
- 4 Interpret routine obstetrical and/or gynaecological screening tests and appropriately counsel patients about risks, benefits, and results of such tests.

1.4 Procedural skills Objectives:

1.4.1 Ambulatory Obstetrics and/or Gynaecology - Demonstrate competency in performance of:

- Speculum exam
- PAP smear
- Bimanual exam
- Endometrial biopsy
- IUD insertion.

2 COMMUNICATOR

2.1 Physician/Patient Relationship Objectives:

- 1 Establish a therapeutic relationship with patients/families.
- 2 Elicit the trust and cooperation of the patient.

2.2 Verbal Communication Skills Objectives:

- 1 Listen effectively, discuss appropriate information with patients/families and the healthcare team.
- 2 **Demonstrate a basic understanding of** how to convey bad news with empathy to patients and families.
- 3 **Use** appropriate common terms associated when documenting individual cases.
- 4 Complete health records in an accurate and timely manner.

3 COLLABORATOR

3.1 Team Relations Objectives:

- 1 Work with the LAR staff mentor and establish a professional relationship
- 2 Cooperate and work effectively with colleagues and other professionals in the office setting.
- 3 **Demonstrate appropriate communication skills when interacting with all members of the multidisciplinary healthcare team and administrative staff.**

4 LEADER

4.1 Time Management Objectives:

- 1 Provide patient care in an ambulatory-care setting in an efficient manner.

4.2 Resource Stewardship Objectives:

- 1 Consider cost effectiveness in decision making.

5 HEALTH ADVOCATE

5.1 Determinants of Health/Health Advocacy Objectives:

- 1 Identify the important determinants of women's health.
- 2 Contribute effectively to improved health of patients and communities.
- 3 Recognize and respond to those issues where advocacy is appropriate.

6 SCHOLAR

6.1 Self-Directed Learning Objectives:

- 1 Acquire basic knowledge of managing common obstetrical and gynecologic issues.
- 2 Develop, implement, and monitor a personal continuing education strategy.

6.2 Critical Appraisal Skills Objectives:

- 1 Critically appraise sources of medical information.
- 2 Apply principles of evidence-based medicine to decision making.

6.3 Teaching Skills Objectives:

- 1 Teach patients, **medical students, and others as appropriate** in the ambulatory-care setting.

7 PROFESSIONAL

7.1 Responsibility Objectives:

- 1 Be available to the administrative staff and healthcare team and participate in the management of the obstetrics and gynecology patients in the clinic, in conjunction with the clinic personnel.
2. **Report absences in a timely manner**

7.2 Self-Assessment Skills/Insight Objectives:

- 1 Communicate with attending staff and request assistance in patient management when appropriate.
- 2 Consult ancillary services/**community resources** when required to enhance patient care.

7.3 Ethics Objectives:

- 1 Demonstrate an awareness of the medico-legal issues and ethical issues with respect to patient confidentiality.
- 2 Demonstrate familiarity with some of the common ethical issues that arise in the provision of obstetrical [and/or](#) gynaecologic patient care.

7.4 Written Skills and Record Keeping Objectives:

- 1 Complete health records in an accurate and timely manner.
- 2 [Document](#) a concise and appropriate consultation note.
- 3 [Develop an understanding of medicolegal implications when documenting patient encounters.](#)

Version Control

Date	Version No	Author	Location of Revisions	Approved at RPC Meeting
Feb 08 2016	V2.51	C Sutherland	See Blue font	
Nov 15 2016	V2.6	E Herer, N Sidana, C Sutherland	See Blue font ; View v2.2 to see revisions	Approval not required – revised in conjunction with ITER development.
June 29 2017	V2.7	M Farrugia, CSutherland	Minor revisions	
Jan 29 2018	V2.71	CSutherland	None since 2.7 – just approved at RPC	
Feb 22 2018	V2.8	CSutherland	7.4	RPC Feb 05 2017.