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## Residency Rotation-Specific Objectives

### Rotation: PGY1 Longitudinal Ambulatory Rotation (LAR)

Resident name:	Supervisor name:
Rotation dates:	Hospital:

**IMPORTANT: Supervisor and resident must discuss these rotation-specific objectives during the rotation orientation, and sign below to confirm discussion has taken place.**

Resident signature	Supervisor signature	Date

**Background:** PGY1s benefit from a wide experience in many specialties. However, this sometimes results in feeling detached from their core interest — obstetrics and gynaecology — and from their core colleagues. For this reason, the LAR was developed in the 2004-05 academic year.

THE LAR consists of the PGY1 resident working in an ambulatory clinic setting two mornings a month from September to June, directly with a faculty member who has agreed to the preceptor/mentor role. Evaluations are recorded in POWER.

**CanMEDS Focus Roles: Health Advocate, Leader**

## 1 MEDICAL EXPERT

### 1.1 Knowledge of Anatomy and Physiology Objectives:

- 1 Demonstrate understanding of women's health and pathophysiology of common obstetrical **and/or** gynaecologic problems.

### 1.2 Data Gathering Objectives:

- 1 Obtain a complete, systematic, and appropriate history from a patient.
- 2 Conduct the physical assessment: able to detect important signs and know the significance.

### 1.3 Clinical Reasoning, Management and Judgement/Diagnostic and Therapeutic Planning Objectives:

- 1 Demonstrate knowledge of the common obstetrical **and/or** gynaecologic conditions, to enable appropriate diagnosis and treatment plans.
- 2 Relate clinical findings to the clinical picture.
- 3 Determine appropriateness of common invasive investigations.
- 4 **Interpret routine obstetrical and/or gynaecological screening tests and appropriately counsel patients about risks, benefits, and results of such tests.**

### 1.4 Procedural skills Objectives:

#### 1.4.1 Ambulatory Obstetrics **and/or** Gynaecology - Demonstrate competency in performance of:

- Speculum exam
- PAP smear
- Bimanual exam
- Endometrial biopsy
- IUD insertion.

## 2 COMMUNICATOR

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### 2.1 Physician/Patient Relationship Objectives:

- 1 Establish a therapeutic relationship with patients/families.
- 2 Elicit the trust and cooperation of the patient.

### 2.2 Verbal Communication Skills Objectives:

- 1 Listen effectively, discuss appropriate information with patients/families and the healthcare team.
- 2 **Demonstrate a basic understanding of** how to convey bad news with empathy to patients and families.
- 3 **Use** appropriate common terms associated when documenting individual cases.
- 4 Complete health records in an accurate and timely manner.

## 3 COLLABORATOR

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### 3.1 Team Relations Objectives:

- 1 Work with the LAR staff mentor and establish a professional relationship
- 2 Cooperate and work effectively with colleagues and other professionals in the office setting.
- 3 **Demonstrate appropriate communication skills when interacting with all members of the multidisciplinary healthcare team and administrative staff.**

## 4 LEADER

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### 4.1 Time Management Objectives:

- 1 Provide patient care in an ambulatory-care setting in an efficient manner.

### 4.2 Resource Stewardship Objectives:

- 1 Consider cost effectiveness in decision making.

## 5 HEALTH ADVOCATE

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### 5.1 Determinants of Health/Health Advocacy Objectives:

- 1 Identify the important determinants of women's health.
- 2 Contribute effectively to improved health of patients and communities.
- 3 Recognize and respond to those issues where advocacy is appropriate.

## 6 SCHOLAR

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### 6.1 Self-Directed Learning Objectives:

- 1 Acquire basic knowledge of managing common obstetrical and gynecologic issues.
- 2 Develop, implement, and monitor a personal continuing education strategy.

### 6.2 Critical Appraisal Skills Objectives:

- 1 Critically appraise sources of medical information.
- 2 Apply principles of evidence-based medicine to decision making.

### 6.3 Teaching Skills Objectives:

- 1 Teach patients, **medical students, and others as appropriate** in the ambulatory-care setting.

## 7 PROFESSIONAL

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### 7.1 Responsibility Objectives:

- 1 Be available to the administrative staff and healthcare team and participate in the management of the obstetrics and gynecology patients in the clinic, in conjunction with the clinic personnel.
2. **Report absences in a timely manner**

### 7.2 Self-Assessment Skills/Insight Objectives:

- 1 Communicate with attending staff and request assistance in patient management when appropriate.
- 2 Consult ancillary services/**community resources** when required to enhance patient care.

**7.3 Ethics Objectives:**

- 1 Demonstrate an awareness of the medico-legal issues and ethical issues with respect to patient confidentiality.
- 2 Demonstrate familiarity with some of the common ethical issues that arise in the provision of obstetrical **and/or** gynaecologic patient care.

**7.4 Written Skills and Record Keeping Objectives:**

- 1 Complete health records in an accurate and timely manner.
- 2 Dictate a concise and appropriate consultation note.
- 3 **Develop an understanding of medicolegal implications when documenting difficult patient encounters**

**Version Control**

<b>Date</b>	<b>Version No</b>	<b>Author</b>	<b>Location of Revisions</b>	<b>Approved at RPC Meeting</b>
Feb 08 2016	V2.51	C Sutherland	See Blue font	
Nov 15 2016	V2.6	E Herer, N Sidana, C Sutherland	See Blue font; View v2.2 to see revisions	Approval not required – revised in conjunction with ITER development.
June 29 2017	V2.7	CSutherland	Minor revisions	