Department of Obstetrics & Gynaecology, University of Toronto (Fax: 416-978-8350 | email: obgyn.educ@utoronto.ca) Residency Rotation-Specific Objectives

# Rotation: PGY1 INTENSIVE CARE UNIT (ICU)

Resident name:	Supervisor name:
Rotation dates:	Hospital:

IMPORTANT: Supervisor and resident must discuss these rotation-specific objectives during the rotation orientation, and sign below to confirm discussion has taken place.

Resident signature	Supervisor signature	Date

# CanMEDS Focus Roles: Collaborator, Communicator.

# **1 MEDICAL EXPERT**

# 1.1 Knowledge Objectives

- 1 Demonstrate knowledge of the:
  - a) pathophysiology of systemic inflammatory response syndrome, sepsis and septic shock
  - b) pathophysiology and mechanism of hypoxemic and hypercapneic respiratory failure
  - c) pathophysiology and mechanisms of various types of shock
  - d) risk factors and the pathophysiology of acute respiratory distress syndrome
  - e) effects and clinical indications for vasopressor/inotropic therapy.
  - f) differential diagnosis of decreased level of consciousness

#### **1.2 Data Gathering Objectives:**

1 Obtain a complete, systematic, and appropriate history from a patient/substitute

- 2 Conduct the physical assessment: able to detect important signs and know the significance
- 3 In the course of your assessment, recognize when a patient requires higher level care or procedures and ensure this occurs (e.g. non-invasive ventilation, intubation, lines, ICU transfer, etc.)

# **1.3 Clinical Reasoning, Management and Judgement/Diagnostic and Therapeutic Planning** Objectives:

1 Assess and initially manage a patient with:

a) Acute respiratory failure

b) Hypotension and shock

- c) Multi-organ failure
- d) Acute metabolic and electrolyte-disorders
- e Complications of acute renal, hepatic, and haematological dysfunction
- f) Sepsis and septic shock
- g) Altered level of consciousness
- h) GI haemorrhage
- 2 Diagnose brain death and understand the implications.
- 3 Establish a differential diagnosis of etiological pathogens and choose appropriate empirical antibiotic therapy for life-threatening infectious syndromes.

# 1.4 Procedural skills Objectives:

1. Demonstrate competency in the following, appropriate for level of training AND/OR an understanding of indications for:

- a) Oxygen Therapy: indications, techniques, and complications of oxygen therapy (nasal prongs, masks, nebulizers)
- b) Airway management suction, oropharyngeal airways, bag-mask ventilation, endotracheal intubation and non-invasive ventilation
- c) Mechanical ventilation: modes, lung protective strategies, weaning and unconventional approaches
- d) Monitoring: ECG, pulse oximetry, invasive and non-invasive blood pressure
- e) Invasive hemodynamic monitoring: interpretation of hemodynamic data generated from arterial and central venous monitors
- f) Venous access
- g) Chest tube thoracostomy/pericardiocentesis
- h) Nasogastric tube insertion
- i) Bronchoscopy
- j) Dialysis

# **2 COMMUNICATOR**

# 2.1 Physician/Patient Relationship Objectives:

- 1 Demonstrate awareness of the uniquely stressful environment of the ICU, and its effect on patients, families, and medical staff
- 2 Establish therapeutic relationship with patients/families.
- 3 Elicit the trust and cooperation of the patient and/or patients' families
- 4 Demonstrate effective tools for gathering a) historical information and b) collateral information from patients' families in the critical care setting
- 5 Demonstrate ability to discuss patient's ongoing care with patient's surrogate decision maker.
- 6 Complete health records in an accurate and timely manner.

# 2.2 Verbal / Written Communication Skills Objectives:

- 1 Demonstrate appropriate communication skills when interacting with all members of the multidisciplinary healthcare team and administrative staff.
- 2 Listen effectively, discuss appropriate information with patients/families and the healthcare team.
- 3 Observe communication of goals of care, end-of-life care, and disclosure of "bad news" with attending physician/senior fellow, and engage in a discussion post event identifying useful strategies to deal with these scenarios.
- 4 Identify common terms associated with documentation of critical care cases and chart appropriately.
- 5 Complete appropriate handover of clinical events in person to senior team members on a daily basis.

# **3 COLLABORATOR**

- 3.1 Team Relations Objectives:
  - 1 Cooperate and work effectively with colleagues and other professionals on the service
  - 2 Demonstrate an understanding of the role of various allied healthcare professionals and consultants in the management of the critically ill patient
  - 3 Participate actively as a team member.

# **4 MANAGER**

#### 4.1 Time Management Objectives:

1 Prioritize patient-care in an effective and efficient manner.

#### 4.2 Resources and Allocation Objectives:

- 1 Utilize resources effectively to balance patient care, learning needs, and work-life activities.
- 2 Use resources appropriately in balancing the provision of critical care and being fiscally responsible.
- 3 Assist in ensuring adequate patient flow in the optimal utilization of critical care resources.

#### **5 HEALTH ADVOCATE**

#### 5.1 Determinants of Health/Health Advocacy Objectives:

- 1 Recognize the situations requiring both aggressive and comfort-oriented care
- 2 Identify opportunities for patient counselling and education regarding their medical conditions.
- 3 Recognize and respond to those issues where advocacy is appropriate.

#### **6 SCHOLAR**

6.1 Self-Directed Learning Objectives:

1 Acquire basic knowledge for critical care medicine.

# 6.2 Critical Appraisal Skills Objectives:

1 Critically appraise the literature regarding the diagnosis and treatment in a critical care setting.

2 Learn basics of principles of evidence-based medicine for decision making.

# 6.3 Teaching Skills Objectives:

1 Teach medical students, and patients/families, as appropriate.

# 7 PROFESSIONAL

#### 7.1 Responsibility Objectives:

- 1 Be available to the administrative staff and healthcare team and participate in the management of patients in the ICU in conjunction with the staff, fellows, and nurses.
- 2 Demonstrate professional attitudes in interactions with patients and other healthcare personnel.

#### 7.2 Self-Assessment Skills/Insight Objectives:

1 Communicate with attending staff and request assistance in patient management when appropriate.

2 Consult ancillary services when required to enhance patient care.

#### 7.3 Ethics Objectives:

- 1 Demonstrate an awareness of the medico-legal issues and ethical issues with respect to patient confidentiality.
- 2 Demonstrate familiarity with some of the common ethical issues that arise in the provision of patient care in the intensive care unit.

#### Version Control

Date	Version No	Author	Location of Revisions	Approved at RPC Meeting
Oct 15 2012	V2.1	CSutherland	Major rewrite	RPC
Sep 08 2015	V2.3	S Dev, CSutherland	Changes in a blue font	Sep 08 2015
Aug 16 2017	V2.4	S Dev, E Skolnik, CSutherland	CanMEDS roles added;	Oct 02 2017
			No other changes	