

**Residency Rotation-Specific Objectives**

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**Rotation: PGY1: Family Planning**

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| <b>Resident name:</b>  | <b>Supervisor name:</b> |
| <b>Rotation dates:</b> | <b>Hospital:</b>        |

**IMPORTANT: Supervisor and resident must discuss these rotation-specific objectives during the rotation orientation, and sign below to confirm discussion has taken place.**

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| Resident signature | Supervisor signature | Date |

**1 MEDICAL EXPERT**

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**1.1 Knowledge of Anatomy and Physiology Objectives:**

1. Demonstrate a thorough knowledge of female pelvic anatomy as it relates to abortion care.
2. Explain the physiologic changes in early pregnancy:
  - a) maternal
  - b) embryonic/fetal development.
3. Demonstrate knowledge of contraceptive options and their biochemical/physiological mechanisms of action and relative efficacies.
4. Demonstrate knowledge of different methods of pregnancy termination, including limitations, risks, and benefits of each method:
  - a) medical abortion in the first trimester
  - b) surgical abortions in the first trimester
  - c) induction of labour in the second trimester
  - d) surgical abortion in the second trimester.

**1.2 Data Gathering Objectives:**

1. Conduct a history and physical examination focused on contraceptive options, in particular identifying contraindications.
2. Complete a pre-operative assessment focused on identifying peri-operative challenges in patients seeking operative management for either contraception or pregnancy termination.
3. Recognize peri-abortion complications.

**1.3 Clinical Reasoning, Management and Judgement/Diagnostic and Therapeutic Planning Objectives:**

1. Formulate a contraceptive plan that considers medical and psycho-social issues relevant to an individual patient.
2. Determine the most appropriate mode of pregnancy termination for patients requesting abortion care, taking into account gestational age, medical issues, and psycho-social parameters.
3. Manage complications associated with abortion.

**1.4 Procedural skills Objectives:**

1. Demonstrate competency in inserting intrauterine devices.
2. Participate in the provision of laparoscopic tubal coagulation.
3. Perform a surgical abortion by both manual vacuum aspiration (MVA) and suction dilation and curettage (D&C), demonstrating appropriate peri-operative management including placement of laminaria tents and cervical blocks where appropriate.

## **2 COMMUNICATOR**

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### **2.1 Physician/Patient Relationship Objectives:**

- 1.Establish a therapeutic relationship with the patient seeking contraceptive and abortion care.
- 2.Listen effectively and non-judgmentally.
- 3.Discuss appropriate options with patients seeking reproductive healthcare.

### **2.2 Verbal / Written Communication Skills Objectives:**

- 1.Learn how to discuss challenging personal situations with empathy with patients and families.
- 2.Use appropriate common terms associated with abortion care and family planning when documenting individual cases.
- 3.Complete health records in an accurate and timely manner.

## **3 COLLABORATOR**

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- 1.Demonstrate appropriate communication skills when interacting with all members of the multidisciplinary healthcare team and administrative staff.
- 2.Demonstrate an understanding of all inter-professional team member roles.
- 3.Participate actively as a team member.
- 4.Consult the appropriate medical services to optimize patient care.
- 5.Represent the OBGYN specialty and the university in a professional manner when attending clinics in other departments and in the community.

## **4 MANAGER/LEADER**

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### **4.1 Time Management Objectives:**

- 1.Organize time effectively to enable fulfillment of multiple rotation objectives.
- 2.Utilize time effectively in clinical situations in order to facilitate efficiency.

### **4.2 Resource Stewardship Objectives:**

- 1.Utilize resources effectively to balance patient care, learning needs, and work- life activities.
- 2.Consider cost-effectiveness in decision making.
- 3.Understand the appropriate application of diagnostic tests in family planning
- 4.Apply knowledge of costs of various contraceptive options to assist patients in decision-making.

## **5 HEALTH ADVOCATE**

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### **5.1 Determinants of Health/Health Advocacy Objectives:**

- 1.Demonstrate awareness of social determinants contributing to increased risk of contraceptive failure.
- 2.Demonstrate an awareness of social, legal and political issues associated with access to abortion care, locally, nationally and globally.
- 3.Advocate on behalf of patients for access to reproductive rights.

## **6 SCHOLAR**

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### **6.1 Self-Directed Learning Objectives:**

- 1.Seek and review appropriate academic resources related to abortion care and family planning.
- 2.Identify knowledge gaps and demonstrate motivation and ability to learn relevant material.
- 3.Contact suggested preceptors in order to arrange appropriate learning activities.

### **6.2 Critical Appraisal Skills Objectives:**

1. Review the literature on a selected topic in preparation for a presentation to a large group.
2. Consider gaps in knowledge in the field.

**6.3 Teaching Skills Objectives:**

1. Teach medical students, particularly those associated with Med Students for Choice (MSFC) who may be present.
2. Present a topic of interest at Grand Rounds.

**7 PROFESSIONAL**

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**7.1 Responsibility Objectives:**

1. Be available to the healthcare team and participate in the management of patients in conjunction with the staff and nurses.
2. Demonstrate professional attitudes in interactions with patients and other healthcare personnel.
3. Report absences in a timely manner

**7.2 Self-Assessment Skills/Insight Objectives:**

1. Communicate with attending staff and request assistance in patient management when appropriate.
2. Consult ancillary services when required to enhance patient care.

**7.3 Ethics Objectives:**

1. Demonstrate an awareness of the medico-legal issues and ethical issues with respect to patient confidentiality.
2. Demonstrate familiarity with the common ethical issues that arise in the provision of family planning services and abortion care.

**Version Control**

| <b>Date</b> | <b>Version No</b> | <b>Author</b> | <b>Location of Revisions</b> | <b>Approved at RPC Meeting</b> |
|-------------|-------------------|---------------|------------------------------|--------------------------------|
| May 04 2016 | V1.4              | C Sutherland  | NEW                          | May 02 2016                    |
|             |                   |               |                              |                                |