

## Faculty Professional Development Day 2013

### *“Embracing the Challenge: Supporting and promoting faculty wellness”*

Wednesday, October 23, 2013 - 11:45 AM - 6:00 PM  
The Vaughan Estate - Courtyard Ballroom, 2075 Bayview Avenue, Toronto

#### SCHEDULE

**11:45 – 12:30**

**Buffet Luncheon**

**12:30 - 1:00 pm**

**Chair's Welcome**

*Dr. John Kingdom*

#### LECTURE

**1:00 - 1:50 pm**

**Taking Care of You and Me: Faculty and resident wellness**

*Dr. Janet Bodley*

#### WORKSHOPS

**2:00 - 2:50 pm**

**A Effective Teaching: Optimizing your teaching performance**

*Dr. Richard Pittini*

(choose **A or B**)

**B Plagiarism: What's new?**

*Dr. Lorraine E. Ferris*

*Coffee and refreshments  
in breakout rooms*

#### WORKSHOPS

**3:00 - 3:50 pm**

**C Medical Professionalism in a Digital Age**

*Dr. Karen Glass*

(choose **C or D**)

**D University Promotion and Creative Professional Activities: What, how and WHY?**

*Dr. Guylaine Lefebvre & Dr. Cynthia Maxwell*

*Coffee and refreshments  
in breakout rooms*

#### KEYNOTE LECTURE

**4:00 - 4:50 pm**

**Peeking Behind the Curtain: Surgical judgment beyond cognition**

*Dr. Carol-anne Moulton*

#### SOCIAL GATHERING

**4:50 – 6:00 pm**

**Social Gathering and Awards Presentation**

This faculty professional development day will focus on topics which aim to help faculty members optimize their personal well-being and professional success as educators, teachers, and health care providers. Topics will include a discussion of wellness and resilience for both physicians and trainees, understanding and optimizing teaching evaluations and performance, how to avoid allegations of plagiarism, maintaining professional standards while navigating social media, and issues surrounding university promotion. Our keynote speaker will be Dr. Carol-Anne Moulton who will be presenting exciting research regarding a cognitive, emotional and cultural model for understanding surgical judgment. She will also explore some of the social psychology theories to understand how the culture of “unspoken surgical experience” of surgeons develops and how it affects surgeon wellness, attitudes, training, and judgment and decision making.

**Program Goals:**

The goal of this program is to help faculty members optimize their personal and professional well-being and success as educators, teachers and health care providers. There will be ample opportunity for interaction and networking.

**Program Objectives:**

*Participants will:*

1. Discuss wellness and resilience for physicians and trainees in our obstetrics and gynaecology department
  2. Examine undergraduate medical education teaching evaluations, describe methods to improve teaching performance and discuss impact of teaching performance on promotion
  3. Define the various types of plagiarism and explain how to reduce allegations of research misconduct
  4. Discuss medical professionalism in the digital age
  5. Review university promotion based on creative professional activity
  6. Examine a cognitive, emotional and cultural model for understanding surgical judgment
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**Goals and Objectives of Lectures and Workshops**

**Taking Care of You and Me: Physician and Resident Wellness**

**Dr. Janet Bodley**

This session will make faculty members aware of the resources available to them to improve their personal wellness and resilience and that of their trainees.

**Learning objectives include:**

*Participants will:*

1. Analyze the concepts of wellness and resilience for physicians and why this is relevant
  2. Recognize the impact of wellness on professional duties
  3. List resources available to nurture wellness and resilience
  4. Practice a brief mindfulness exercise using meditation
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## **Effective Teaching: Optimizing your teaching performance**

**Dr. Richard Pittini**

The presentation will provide an overview of how teachers are evaluated in undergraduate medical education and offer suggestions on improving teaching.

### **Objectives:**

*Participants will:*

1. Discuss Teacher Evaluations in Undergraduate Medical Education
  2. Evaluate how to interpret scores
  3. Discuss the impact of teaching performance on promotion
  4. Review the appeals process
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## **Plagiarism: What's new? - Dr. Lorrie E. Ferris**

The goal of this presentation is to define the various types of plagiarism and how to reduce the likelihood of allegation of research misconduct for plagiarism.

### **Objectives:**

*Participants will:*

1. Define the various types of plagiarism, including "self-plagiarism" and recognize why biomedical peer reviewed journals are concerned about it;
  2. Examine author responsibility and explain how to reduce the likelihood of an allegation of research misconduct for plagiarism.
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## **Medical Professionalism in a Digital Age - Dr. Karen Glass**

This presentation will examine the need for a social media policy in medical education.

Do we have a Social Media Policy? Do we need one? Can physicians, medical students and residents use Facebook, Twitter, Instagram, Foursquare, Pinterest and YouTube?

What is the difference between our professional and personal profiles? How do we teach Medical Professionalism to learners?

How do we protect patient privacy? How do we move to the digital age successfully?

### **Objectives:**

*Participants will:*

1. To identify the existing Social Media Policies for the local hospitals.
  2. To examine the risks and benefits of using Social Media as a Physician.
  3. To develop guidelines for the ethical use of Social Media.
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## **University Promotion and Creative Professional Activities: What, how and WHY?**

**Dr. Guylaine Lefebvre & Dr. Cynthia Maxwell**

This session will focus on the process of promotion in the Department of Ob/Gyn at U of T with a specific focus on the role of CPA

### **Objectives:**

*Participants will:*

1. Discuss the process for consideration of promotion and tips on how to identify areas of particular strength and achievement
  2. Identify how to use WebCV to highlight these areas of strength and achievement
  3. Discuss examples of research, teaching and CPA used to facilitate success at promotion in an interactive format
  4. Identify some potential answers to the question of "why bother" applying for promotion
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## **KEYNOTE LECTURE**

### **Peeking Behind the Curtain: Surgical judgment beyond cognition**

**Dr. Carol-anne Moulton**

This presentation builds upon a recently described cognitive model for understanding surgical judgment – slowing down when you should. The ability of the surgeon to ‘slow down’ and focus on both anticipated and unanticipated important cues was presented as a central component of operative judgment. Recent work has expanded this model to include emotional and cultural factors that affect our ability to slow down appropriately. In particular, this presentation describes results of these recent studies that have explored the largely ‘unspoken’ experiences of surgeons in practice demonstrating a link between these experiences and surgical judgment. Finally, this presentation will explore some of the social psychology theories to understand how this culture develops and how it affects surgeon wellness, attitudes, training, and judgment and decision making.

### **Objectives:**

*Participants will:*

1. Examine a cognitive model for understanding surgical judgment - "slowing down"
2. Discuss emotional and cultural factors that affect our ability to "slow down" during surgery
3. Examine studies exploring the "unspoken" experiences of surgeons in practice
4. Discuss social psychology theories to understand factors that affect surgeon wellness, attitudes, training, judgment and decision making

## Department Awards 2013

The department awards were handed out to faculty at the annual Department of Obstetrics and Gynaecology Faculty Professional Development Day on October 23, 2013. Below are the recipients of Undergraduate Teaching, Chair's and Master Teacher Awards for the academic year 2012-2013:

### 2013 Departmental Awards for Excellence in Undergraduate Teaching

- Dr. Michèle Farrugia (MSH)
- Dr. Maja Gans (TEGH)
- Dr. Beata Grygowski (SJHC)
- Dr. Dini Hui (SHSC)
- Dr. Nanette Okun (MSH)
- Dr. Rajiv Shah (SMH)
- Dr. Lynne Zolis (NYGH)

### 2013 Chair's Awards

- Dr. Marcus Bernardini: Outstanding Research Potential
- Dr. Adrian Brown: Excellence in Integrated Postgraduate Medical Education
- Dr. Jason Dodge: Excellence in Undergraduate Teaching,
- Dr. Michèle Farrugia: Continuing Medical Education (CME) Teaching Excellence
- Dr. Grace Liu: Excellence in Postgraduate Teaching
- Dr. Nicholas Pairaudeau: Excellence in CME Course Coordination
- Dr. Greg Ryan: Sustained Excellence in Research
- Dr. Donna Steele: Excellence in Postgraduate Program Development/Innovation
- Dr. Scott Tigert: Excellence in Integrated Undergraduate Medical Education

### 2013 Master Teacher Award

- Dr. Maja Gans