



## 03-06 Night Float Call Guidelines

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### Introduction

Our program has had an alternative Night Float call model in place since July 1, 2013.

This model has undergone a number of iterations; changes have been made based on resident feedback received through the NF surveys.

Our program has had a Flexi-4 Night Float system in place since Block 4, 2015 (April to June, 2015). The Flexi-4 NF call system received PARO approval on April 13, 2015. This is the call schedule of choice by the majority of residents and most recently confirmed in a NF survey, individual year surveys by resident reps, and at the AHD Town Hall meeting of May 31, 2016.

There have been no changes to the call system other than the numbers of residents on Core and Relief rotations.

### 1. Principles of Resident Call Scheduling

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1. Core residents will take the majority of the call based on pre-set call maximums.
2. Relief Residents fill the remainder of the relief call.
3. PGY5 residents will be protected preceding the RC exam - as a result, relief residents are typically maxed out in Blocks 8-12 to accommodate this.
4. Chief Residents are encouraged to give residents additional weekdays off, schedule permitting (ie. If no Gyne 3 is required, allocate days off for resident wellness/appointments/etc).
5. Collaborative scheduling between chief and core residents is encouraged (e.g., May choose to meet prior to the rotation)

### 2. Relief Call Standards

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1. Relief Residents will continue to cover night float weeks as needed after core resident call has been distributed (4 nights).
2. Relief residents may work 3-night weekends\* (Fri, Sat, Sun).  
\*Excluding Urogynaecology and LGTD<sup>1</sup> (unless resident agrees to attend Dr. Shier's teaching post-call)
3. Relief call is typically much lighter in Blocks 1-7 (exclusive of holiday call).
4. Relief call burden is much greater in Blocks 8-13 due to PGY5 protected study time for the Royal College exam.
5. MFM residents are expected to work more call shifts than the rest of the relief pool, as they are on an OB rotation (Max 15 shifts (1 X 4 weeknights + 10-11 weekend shifts)).
6. Chiefs are encouraged to consider graded relief call based on PGY level if possible (PGY 3 > PGY4 > PGY5).

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<sup>1</sup> Lower Genital Tract Diseases (former colposcopy)

### 3. 12-Week Blocks

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#### 3.1 Resident CALL Requirements for 12-week Blocks

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(follows previous Flexi-4 Guidelines)

##### **FLEXI- 4 For Core Residents:**

	FLEXI-4 (Monday-Thursday nights)
12 Week Block (22 call shifts)	3 X 4 weeknights + 10 weekend shifts (5 weekends)

- Chiefs will work 3 weekend call shifts (SMH, SBK); 2 weekend shifts (MSH), as previously outlined
- In order to accommodate a resident's requests for weekends off, they may be required to work the weekend before/after their night float week (if mutually agreed upon), to maintain flexibility

#### 3.2 Site-Specific Resident CALL Requirements for 12-week Blocks

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**MSH: 216 shifts** (18 call shifts X 12 weeks)

**SBK/SMH: 108 shifts** (9 call shifts X 12 weeks)

##### **MSH:**

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Core X 6	(22 shifts X 6 residents)	= 132	= 134 shifts
CR	2 call shifts	= 2	
Core + Chief Call =		134 core/chief shifts	
+			
Relief call (216 total – 134 shifts) =		82 relief shifts	

##### **SBK/SMH (4 core residents):**

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Core X 4	(22 shifts X 4 residents)	= 88	= 91 shifts
CR	3 call shifts	3	
Core + Chief Call =		91 core/chief shifts	
+			
Relief call (108 total – 91 shifts) =		17 relief shifts	

##### **SBK/SMH (5 core residents):**

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Core X 5	(22 shifts X 5 residents)	= 110	= 113 shifts
CR	3 call shifts	3	
Core + Chief Call =		113 core/chief shifts	
+			
Relief call (108 total – 113 shifts) =		-5 (*no relief shifts needed)	

- **NOTE:** Numbers may slightly change based on stat holidays or blocks where there are 2 chief residents, TTP residents, etc.

## 4. 14-Week Blocks

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### 4.1 Resident CALL Requirements for 14-week Blocks

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**14 week block: (Ex. Blocks 4-7, excluding 2 weeks for holiday schedule)**

(Follow above Flexi-4 principles; see below for difference in call maximums)

**For Core Residents:**

	FLEXI-4 (Monday-Thursday nights)
14 Week Block (25 call shifts)	3 X 4 weeknights + 13 weekend shifts OR 3 X 4 weeknights + 1 X 2 weeknights + 11 weekend shifts OR 4 X 4 weeknights + 9 weekend shifts

### 4.2 Site-Specific Resident CALL Requirements for 14-week Blocks

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**MSH: 252 shifts** (18 call shifts X 14 weeks)

**SBK/SMH: 126 shifts** (9 call shifts X 14 weeks)

**MSH:**

Core X 6	(25 shifts X 6 residents)	= 150	= 152 shifts
CR	2 call shifts	= 2	

Core + Chief Call = 152 core/chief shifts

+

Relief call (252 total – 152 shifts) = 100 relief shifts

**SBK/SMH (4 core residents):**

Core X 4	(25 shifts X 4 residents)	= 100	= 103 shifts
CR	3 call shifts	3	

Core + Chief Call = 103 core/chief shifts

+

Relief call (126 total – 103 shifts) = 23 relief shifts

**SBK/SMH (5 core residents):**

Core X 5	(25 shifts X 5 residents)	= 125	= 128 shifts
CR	3 call shifts	3	

Core + Chief Call = 128 core/chief shifts

+

Relief call (126 total – 128 shifts) = -2 (\*no relief shifts needed)

●**NOTE:** Numbers may slightly change based on stat holidays or blocks where there are 2 chief residents, TTP residents, etc.

## 5. 4-Week Blocks

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(Follow above Flexi-4 principles; see below for difference in call maximums)

### For Core Residents:

	FLEXI-4 (Monday-Thursday nights)
4 Week Block (7-8 call shifts)	1 X 4 weeknights + 3-4 weekend shifts

### *Version Control*

<b>Date</b>	<b>Version No</b>	<b>Author</b>	<b>Location of Revisions</b>	<b>Approved at RPC Meeting</b>
June 28 2016	V1.2	D Steele	new	Mon Sept 12 2016
Sep 20 2016	V1.3	C Sutherland	minor	